

Kayak Fishing: An Introductory Guide



An Introductory Guide to Kayak Fishing

We're Going to Get You Hooked!

Fishing and kayaking are two of the most popular outdoor activities. So, have you ever thought about combining them? If you answered yes, then you already know what I'm talking about. If no, then congratulations, I am about to tell you all about what may very well be your new favorite activity... kayak fishing.

Sadly, many people find the idea of kayak fishing intimidating. They worry they don't have the skills required to even try. This fear causes them to miss out on an unforgettable experience. Don't let this be the case for you.

This article will cover how to fish on a kayak as well as how to prepare before even heading out. If you have the right equipment and are well-prepared, you will have a great time. If you aren't well prepared you may give up on kayak fishing before you have a chance to fall in love with it. Continue reading below to find out how to fish on a kayak.

Getting Started

Before learning how to fish on a kayak, you have to get comfortable using a kayak. Decide how many people will be fishing on the kayak. Will you be by yourself or will a companion join you?

Whatever the case, we recommend [paddling out](#) on your kayak without your pole or tackle and just get used to the kayak. Make sure you are strong enough and have the endurance to get to where you want to go and back. If you don't know your limitations, you could get stuck in the middle of a large body of water.

Also, use this opportunity to get comfortable paddling. Whether you are kayaking alone or with a partner, paddling is not easy work. It takes a good amount of practice to get the rhythm down, especially if you're paddling with another person. Practice using 1 paddle while you have a fishing pole in your hand. You won't need to use this technique very often, but it is still a good idea to get used to it.

Finally, make sure you know how to get back into your kayak if it were to capsize. Start out in the shallow end of the lake or other body of water and gradually make your way into deeper water.

Put your weight over the center of the boat. Kick your feet and pull yourself up on top of the boat. Conquering this process will keep you from panicking in deeper water.

Know Where to Go

Decide where you will be kayak fishing before heading out. Taking the time to research different water sources in the area will increase your chances of success while fishing. Take note of local rules, launch points, hazards, and safety contact numbers.

You can find out what species are most common in which bodies of water as well as what kind of tackle is recommended. This will cut back on the amount of bait and different kinds of lures you need to bring with you. The less tackle, the better since space is limited.

If you are fishing at a new location, it can be worth talking with other fishermen to find out the best fishing spots. Getting the advice of a local angler will be worth its weight in gold.

Have the Right Equipment

Before heading out fishing on a kayak, make sure you are prepared. Bring clothes and shoes that can handle getting wet and consider bringing a spare change of clothes. You can put these clothes, valuables, and electronics together in a dry bag to keep everything dry.

If you are fishing in cooler weather or early in the morning, bring clothes to keep you warm. We recommend light layers that can be easily shed if the weather warms up.

Most importantly, bring the right equipment for safety. Always wear a [life jacket](#), even if you know how to swim. A whistle and flashlight are also helpful to get the attention of others nearby in case of an emergency. Having a cell phone securely stored in your dry bag is recommended if possible.

Choosing a Kayak

Whether you decide to use a plastic kayak, a wooden kayak, or [inflatable fishing kayaks](#), make sure to consider your height and weight. In general, shorter, wider kayaks are best for balance and control. Be sure to ask a salesperson for help with this if you are unsure what will work best for you.

Inflatable kayaks are a great option for those with limited space. They are lightweight, but still plenty durable. Easy to transport and easy to store; inflatable fishing kayaks allow you to kayak fishing at the drop of a hat. For more information, check out our [Inflatable Fishing Kayak Buyers' Guide](#).

Some optional add-ons include, rowing kits, Bixpy Kayak Motor, rod holders, and extra storage areas. These extras are by no means mandatory, but they are recommended.

You will also want to add on an anchor and nylon rope to keep you from drifting. Since kayaks are small and lightweight, a 2-4lb weight will be plenty.

Choosing a Fishing Pole

The right pole makes for a better kayak fishing experience. We recommend a pole that is no shorter than 6'6" long. This size is good for being able to reach out to keep the line free from the kayak.

You also want to make sure the pole is lightweight. It can be difficult to cast from a seated position, especially when you are so low in the water. A lightweight pole will make your casting experience better and keep you from getting tired too quickly.

Part of kayak fishing is knowing how to store fish on a kayak. Once you have a fish that you plan to keep, have an icebox or stringer available. This will keep your fish fresher longer.

Kayak Alternatives

If you're not sold on kayak fishing, we have other great options such as an [inflatable fishing SUP](#) and [inflatable fishing boats](#). These come with everything you'll need to get on the water all in a conveniently wrapped package.

The inflatable fishing SUPs allow for a better range of motion while the inflatable fishing boats provide more space and stability. Both are just as durable as our inflatable kayaks and are great for fishing.

How to Fish on a Kayak

Now that you prepared for fishing on a kayak, you are ready to get started. The most important part is keeping your balance.

It's commonly said that your body will follow your head. This means you want to keep your head centered in the kayak as much as possible. Too much bending and other movements will cause you to capsize.

Balance is also important in regard to your equipment. Keep your heaviest pieces of equipment, such as your anchor and ice chest, toward the center of your kayak.

Start Fishing

Once you've decided where you are going to fish and your kayak is well-balanced, start paddling. Keep your speed and strokes even.

After reaching your destination, slowly drop your anchor into the water until it reaches the bottom. Tie off the nylon rope to your kayak so that it is taught to prevent drifting.

When casting, you can stand or sit depending on your comfort level. Make sure to stay as balanced as possible while casting so you don't capsize the boat or fall in.

Once your line is in the water, there's nothing left to do but wait for the fish to bite. Make sure your icebox or stringer is handy.

You're Ready to Go Fishing

Now that we've provided general tips on how to fish on a kayak and how to prepare for kayak fishing, you are ready to get going. Make sure you are familiar with your kayak, have the right

equipment, and know what to do in case things go wrong.

If you're well prepared, you only need to worry about how to cook all the fish you are going to catch!

To find other great options for fishing, kayaking, and other water sports activities, head over to our [website](#)! If you want to contact us with any questions, you can [reach us here](#). Thanks for reading and let us know if we can help you.

[Click here to download the brochure.](#)

[Click here to download the infographic](#)

[Click here to view article on our website](#)

Additional Resources:

- [Best Inflatable Fishing Kayak Buyers Guide \(Download\)](#)
- [Do Inflatable Fishing Boats Live Up To The Hype? \(Download\)](#)
- [Sea Eagle Inflatable Fishing Boats Buyers Guide \(Download\)](#)
- [7 Awesome Health Benefits of Kayaking \(Download\)](#)[How to Choose the Best Inflatable Kayak for Your Needs \(Download\)](#)
- [6 Advantages of Inflatable Kayaks \(Download\)](#)
- [Why Choose an Inflatable Kayak vs a Hard Shell Kayak \(Download\)](#) ([Infographic](#))([Brochure](#))
- [What Better Way to Have Outdoor Fun Than Spending Time in the Water? \(Download\)](#)
- [Discover the Most Popular Water Sports for Kids \(Download\)](#)